

The North Simcoe Muskoka Acquired Brain Injury Collaborative is pleased to

present:

A CAREGIVER WORKSHOP:

Getting Better and Better after Brain Injury

A Practical Guide for Families and Caregivers

When:

Friday, April 04, 2014 - 8:30am-3:30pm

Where:

HawkRidge Golf and Country Club -1151 Hurlwood Lane, Orillia, 705.327.1610 (Free Parking)

Who should attend?

Anyone supporting a loved one with a brain injury who would like to learn more about how to cope effectively with the changes and learn strategies for navigating the journey after ABI.

This conference is taking place as part of the **North Simcoe Muskoka Acquired Brain Injury Collaborative's** continued focus on achieving the best possible outcomes for NSM residents with an acquired brain injury through excellence in collaborative leadership.



Our Speakers:

Caron Gan, *RN, MScN, AAMFT Clinical Fellow & Approved Supervisor, Holland Bloorview Kids Rehabilitation Hospital, Private Practice*

Caron Gan is an RN, Registered Marriage and Family Therapist, and Certified Clinical Traumatologist. For the past 23 years, she has worked exclusively with clients with ABI providing psycho-therapeutic intervention to youth, adults, couples and families in both public and private sectors. Her primary research focuses on family interventions after ABI.

Jeffrey S. Kreutzer, Ph.D., ABPP is a Professor of Physical Medicine and Rehabilitation, Neurosurgery, and Psychiatry at Virginia Commonwealth University (VCU), Medical College of Virginia Campus.

Dr. Kreutzer serves as Director of Virginia's federally designated Traumatic Brain Injury Model System and coordinates VCU Health System outpatient services for families and persons with brain injury. Dr. Kreutzer is a neuropsychologist and family therapist with more than two decades experience developing and implementing brain injury family support services.

Topics to be discussed:

- What you should know about Brain Injury and Recovery
- Seven Habits of Highly Effective Families
- The Greatest Challenges Faced by Families after Brain Injury and How to Overcome Them
- Building Family Resilience and Top Tips for Coping

Registration:

There is NO COST to attend

Light Breakfast, lunch & breaks will be provided. Dietary requests are accommodated. Must be advised in advance

All caregivers will receive a complimentary guide: <u>"Getting Better and Better after Brain Injury</u> A Practical Guide for Families and Caregivers"

THIS EVENT IS LIMITED TO FAMILY AND

FRIENDS Space is limited and will be first come first serve. 2/3

How to Register:

Fill out form below and **mail** in **or online** at <u>www.abicollaborative.ca</u> **Registration Deadline**: Mar. 26, 2014

REGISTRATION FORM – Caregiver Conference Friday, April 04, 2014

Name: _____ Address: Telephone: Email: Dietary Needs: Will you need care for a loved one? _ves _no a) What is your relationship to the person with the brain injury? Spouse Parent Grandparent Sibling Daughter/Son Other family member: b) When did your loved one sustain the brain injury? Less than 1 year ago 1-2 years ago 2-5 years ago 5-10 years ago More than 10 years ago

Send your registration form to:

Brain Injury Services 21 Essa Rd Unit 1 Barrie, ON L4N 3K4

For Further Information Contact: Alicia Nichols at NSM ABI Collaborative 705-734-2178 ext 228 Or <u>alicianichols@abicollaborative.ca</u> Or visit our website at <u>www.abicollaborative.ca</u> 3/3